

FIRST STEPS HIMALAYA

TRAINING REPORT



PREPARED FOR:
In Your Hands

November 2019

INTRODUCTION

Following the success of two prior teacher training workshops for In Your Hands, First Steps Himalaya organised a third workshop between 3rd and 7th November 2019. The workshop was held at the First Steps Nepal teacher training centre in Sangachok Nursery, Sindhupalchok.

This was attended by 20 participants from In Your Hands supported project schools. These included:

- Shree Jugal Basic School
- Shree Sundaradevi Basic School
- Shree Siddhartha Basic School,
- Shree Bachaladevi Basic School
- Jana Jagriti School
- Shree Singha Devi Basic School

Sessions were held all day in the training centre and after dinner in the evening, there was an opportunity for further discussion.

FIRST STEPS TEACHER TRAINING PROGRAMME

The FSH training programme has been carefully designed by its education team, to ensure it is culturally appropriate for success in rural village schools. Training is aimed at increasing teachers' abilities to convey ideas in clear and convincing ways, to create effective learning environments for their students, and to foster productive teacher-student relationships. The training aims to improve teachers' skills, motivation, enthusiasm and creativity.

The training workshop was one of a series of 8 workshops which take teachers from one step to the other, guiding them towards being better teachers.

TRAINING TEAM:



Ranjana Giri - Senior Trainer

Ranjana is in charge of operations for the Nepal projects. She has a degree in English and has been with FSN since 2010. As senior trainer, Ranjana plans and co-ordinates all training courses. She has been trained by First Steps Nepal's donor organisation in New Zealand and works with them to develop the training programme and build the capacity of the Nepal team. She also has trained many times at The British School, Kathmandu where she was recently asked to be a guest trainer, running a workshop for British teachers. Ranjana travels Nepal-wide to conduct early years training for teachers from other districts as well as workshops at the purpose built training centre in Sangachok.

Yasoda Giri - Trainer

Yasoda is FSN's expert hands on trainer who specialises in teaching songs, rhymes, games and other interactive activities. Yasoda supports Ranjana in conducting in house training and is a perfect role model for trainee teachers. She has also been trained in New Zealand by First Steps Nepal's donor organisation and attended many workshops at The British School, Kathmandu. Yasoda travels Nepal-wide to conduct early years training for teachers from other districts as well as workshops at the purpose built training centre in Sangachok.



Durga Aran - Nepal Director

Durga grew up in Kadambas, Sindhupalchok. Durga oversees all training, evaluation and monitoring of First Steps Nepal's projects. He also coordinates with various organisations to ensure that the logistics are in place, allowing the smooth operation of all training. He divides his time between Nepal and his home in New Zealand.

TEACHER TRAINING STEP 3: EXTENDING CONTEMPORARY PRACTICE IN TEACHING AND LEARNING



TRAINING OBJECTIVE: TO EXTEND CONTEMPORARY PRACTICE IN TEACHING AND LEARNING.

OUTLINE CURRICULUM:

- Setting up the classroom: Being more adventurous with set up and role play areas,
- Literacy: Book making, alphabet work, poetry and rhyme.
- Numeracy: using local materials, scrap materials, measurement, simple statistics
- Modelling: Extend use of modelling in writing, reading, art, drawing, cutting, construction and behaviour
- Science: Floating, sinking, classification, integration of science and model making, use of recycled materials
- Creativity: paint, crayons, weaving, model-making
- Culture: Festivals and related activities, using Nepali language stories
- Planning: Creating an annual teaching plan
- Reflection of training: Extending reflection





OUR RECOMMENDATIONS:

- Teachers apply what they have learnt to their classrooms
- Teachers create learning materials from locally resourced materials
- Teachers learn to use and respect new learning resources
- Teachers create learning corners in their classrooms
- Teachers set up classrooms each day with child-friendly activities

